

DIR ECT ORY

{skin}

WHERE TO GO TO MELT YOUR MUSCLES, REDISCOVER YOUR CHEEKBONES, AND GIVE YOUR SKIN THE BENJAMIN BUTTON TREATMENT.

illustrations by daiana ruiz



{ NEW YORK CITY }

DERMATOLOGIST

Amy Wechsler. The dermatologist you would pick if you could pick any dermatologist in Manhattan. 45 E. 85th St. 212-396-2500.

PLASTIC SURGEON

Haideh Hirmand. Hirmand doesn't just offer safe eye-area injections—she pioneered them. 1040 Park Ave. 212-744-4400.

FACIAL

Bamford Haybarn Spa at 1 Hotel Brooklyn Bridge, Christina Hardial. Palo santo, reflexology, and lymphatic drainage (ask for the Signature Facial) relax you into oblivion. \$235. 60 Furman St., Brooklyn. 347-696-2530.

Ildi Pekar Skin Care, Ildi Pekar.

Book the Refine Microcurrent Facial. Tell us how insanely sculpted your face looks afterward. \$485. 20 E. 49th St. 212-682-6080.

Joanna Vargas Salon, Sarah Karaolides.

Where beautiful people (Maggie Gyllenhaal, Mandy Moore) go to stay that way. \$300 and up. 501 Fifth Ave. 212-949-2350.

Mzia Shiman Spa, Mzia Shiman.

She'll extract every last bump without leaving a mark. \$300 and up. 35 E. 67th St. 212-933-4389.

Rescue Spa, Danuta Mieloch. Steam, extractions, massage—with the best French skin care and face-contouring microcurrent. Price available upon request. 29 E. 19th St. 866-772-2766.

SkinLabRx by Dr. Hirmand.

Dermaplaning + 15 percent salicylic acid peel = you glowing for days. Price: \$250 and up. 1040 Park Ave. 212-744-4400.

MASSAGE

Massage Williamsburg, Amey.

She'll get your back unknotted—and feeling less stress-y. \$120 and up. 169 Wythe Ave., Brooklyn. 917-538-6560.

The Peninsula Spa. The ultimate gift to tight shoulders. \$215 and up. 700 Fifth Ave. 212-903-3910.

BRONZING

Spray Tan in Ten NYC, Sarah Burdge.

All things you hope a tan will be: fast, streak-free, and organic. \$75 and up. By appointment only. 310-409-5010.

{ BOSTON }

DERMATOLOGIST

Ranella Hirsch. Under no conditions will she let you go overboard with needles. 777 Concord Ave., Cambridge. 617-868-8685.

Ruth E. Tedaldi. Teams lasers with injectables to increase things in the most natural way possible. 65 Walnut St., Wellesley. 781-431-7733.

SkinCare Physicians. Specialists in the serious stuff (Mohs surgery, psoriasis treatment) and the snazzy (lasers, lights, peels). 1244 Boylston St., Chestnut Hill. 617-731-1600.

PLASTIC SURGEON

Jaimie DeRosa. A Harvard professor, double board-certified, he's a solid bet for everything from a face-lift to earlobe repair. 91 Newbury St. 617-262-8000.

FACIAL

Brad Duncan Skin Care. The 30-minute LED light treatment here is great at zapping acne. \$90. 530 Tremont St. 617-482-1700.

{ PHILADELPHIA }

PLASTIC SURGEON

Ivona Percec. Percec always starts small. 3400 Spruce St. 800-789-7366.

FACIAL

Green City Beauty, Sarah White. The Soothing Facial is part techy, part holistic. \$60 to \$110. 1036 Pine St. 267-908-4148.

MASSAGE

3000BC, Beverly Weaver. Pick your essential oils, pinpoint your problems, and Beverly will take care of the rest. \$85 to \$135. 8439 Germantown Ave., Chestnut Hill. 215-247-6020.

{ WASHINGTON, D.C. }

DERMATOLOGIST

Noëlle S. Sherber. Sherber's laser treatments are out of this world for evening skin tone and texture. 1101 15th St., NW. 202-517-7299.

PLASTIC SURGEON

Ronald S. Perlman. Considered the capital's best for cosmetic reconstructive surgery. 5215 Loughboro Rd., NW. 202-362-7300.

FACIAL

Nusta Spa, Rebecca Ragland. She helped get our tester's stubborn postpartum acne under control. \$136 and up. 1129 20th St., NW. 202-530-5700.

Studio Pilar, Pilar DiVittorio. Some facials are utilitarian—this one's all organic and very pampering. \$195 and up. 143 A Church St. NW, Vienna, Virginia. Pilar@studio-pilar.com.

MASSAGE

C.O.R.E. Physical Therapy, Karen Paganelli. Zero frills, all de-kinking and de-knot-ifying. \$135 and up. 2440 M Street, NW. 202-659-2673.

BRONZING

Veluxe, Anisa Bunn. Believable tinting, speedy house calls—it doesn't get easier. \$75 and up. By appointment only. Support@veluxe.com.

Jeremy Green. We like a dermatologist who's busy in the research world. But we love one who's also mastered minimizing cellulite's lumpiness. 4425 Ponce de Leon Blvd., Coral Gables. 305-443-6606.

PLASTIC SURGERY

Michael Kelly and Carlos Wolf. They do all the procedures you can think of, and they do them a lot. 8940 N. Kendall Dr. 305-595-2969.

FACIAL

Mindy Kim Skincare, Mindy Kim. Her Adult Acne Facial makes hormonal bumps calm the eff down. \$145. 275 NE 18th St. 786-449-0822.

Tammy Fender Holistic Skincare, Tammy Fender.

Her chakra- and oil-balancing facials are worth driving an hour and 15 minutes up the coast to experience. \$300. 711 N. Flagler Dr., West Palm Beach. 888-655-9991.

BRONZING

Best Miami Tan, Mel Valenzuela. So good at the tint-and-shading thing, both brides and bodybuilders book her months in advance. \$65 to \$75. By appointment only. 305-239-0183.

{ DETROIT }

DERMATOLOGIST

Brittany Carter-Snell. A holistic approach to skin issues and never a rushed visit. 72 Erskine St. 313-338-8007.

FACIAL

Face Skincare-Medical-Wellness, Holly Cutler. You'll walk out having a good skin day, with wellness tips that'll keep your face clear between visits. Price available upon request. 31350 Telegraph Rd., Bingham Farms. 248-663-0161.

{ CHICAGO }

DERMATOLOGIST

Jordan Carqueville. A rare find: a dermatologist as handy with needles and lasers as she is with tough skin problems. 3000 N. Halsted St. 773-296-3636.

{ ATLANTA }

DERMATOLOGIST

Christine M. Law. A master of imperceptible tweaks that make you look well rested. 3286 Northside Pkwy. NW. 404-355-1919.

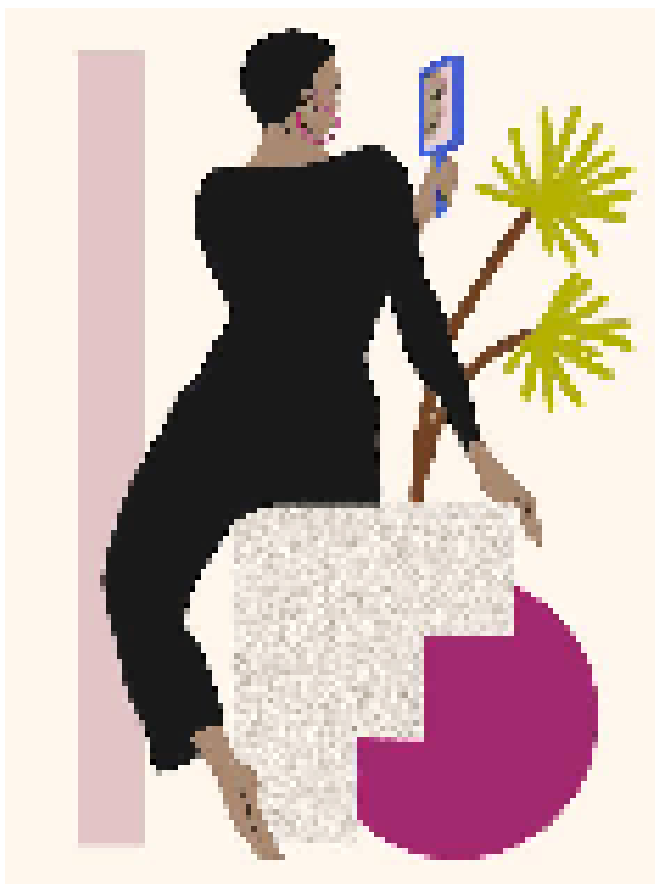
BRONZING

Raw Bronzing Studio, Tiffany Terranova. She ensures even the fairest never look too bronze. \$45. 500 Bishop St. NW. 770-683-8267.

{ MIAMI }

DERMATOLOGIST

Flor Mayoral. Her restraint with injectables has garnered attention in Florida and beyond. 6705 Red Rd., Coral Gables. 305-665-6166.





FACIAL

Northwestern Medical Dermatology.

The Jessner Peel gave us the most baby-smooth skin we've had since we were a baby. \$125. 1460 N. Halsted St. 312-574-3084.

MASSAGE

Aire Ancient Baths. Soaking in hot baths before and after a 30-minute massage means muscles turn extra buttery. \$115 to \$128. 800 West Superior St. 312-945-7414.

{ DALLAS }

DERMATOLOGIST

Flora S. Kim. Kim is known for her detailed work—softening lines, erasing scars. 8144 Walnut Hill Ln. 214-983-0121.

FACIAL

Joanna Czech Studio, Joanna Czech.

Joanna nurtures skin, rather than harshly exfoliating it. \$550 and up. 2410 Victory Park Ln. 214-812-9488.

BRONZING

Simply Glowing at Era Salon, Kari Lord.

Glowiness without parabens, phthalates, or drying alcohol. \$55. 4023 Oak Lawn Ave. 817-993-9688.

{ AUSTIN }

DERMATOLOGIST

Miriam L. Hanson. Head here for a thorough skin check (especially after summers on Lake Travis). 12319 N. Mopac Expy. 512-837-3376.

PLASTIC SURGEON

Chuma Chike-Obi. Austin's best bet for breast implants, body contouring, and Botox. 327 E. Cesar Chavez St. 512-615-3280.

MASSAGE

Mantis Massage, Monica Castillo or Liz Baker.

Expect total ache relief. (We're partial to the craniosacral and deep tissue.) \$45 to \$180. 2700 S. Congress Ave. 512-540-5827.

{ LOS ANGELES }

DERMATOLOGIST

Nadia Musavvir. A naturopath with high-tech talents—we swear by her platelet-rich plasma facials. 8907 Wilshire Blvd., Beverly Hills. 310-955-1046.

PLASTIC SURGEON

Sarmela Sunder. She'll analyze your face and fill you in on all the options until you're both comfortable. 436 N. Bedford Dr., Beverly Hills. 310-299-8242.

FACIAL

Biba De Sousa. A cocktail of oxygen, lymphatic drainage, and LED lights makes everyone look bright and rested. \$300 to 450. 321 S. Beverly Dr., Beverly Hills. 310-770-5831.

Yolanda Mata. Some of the most famous male makeup artists (James Charles, Mario Dedivanovic) trust her to prep—and rehab—their skin. \$300 and up. By appointment only. Yomata9@yahoo.com.

BRONZING

Sugared + Bronzed. The beet-based formula creates a natural-looking tan that fades without streaking. \$39 to \$49. 9873 S. Santa Monica Blvd., Beverly Hills. 424-625-3969.

All doctors' pricing is available upon request.